

**Workers' Compensation Board
Portland Hearings Division
Portland State Office Bldg. (PSOB)
800 NE Oregon St., Suite 340
Portland, OR 97232
(971) 673-0900
Toll free: 1-866-880-2078**

Tri-Met MAX line:

The Eastside Tri-Met MAX line from Gresham is convenient to the Portland State Office Building. Get off at NE 7th and Holladay and walk 1 1/2 blocks south to the main entrance. MAX runs about every 15-20 minutes; contact Tri-Met for other options. The ride from downtown Portland is less than 10 minutes.

From I-5, south-bound:

Take the Coliseum Exit (302B), (the first exit after the I-5/I-405 fork.) After exiting, stay in the left lane. Go through intersection at NE Broadway and turn left onto NE Weidler. Turn right on Martin Luther King Jr. Blvd. Get into the far left lane. Go about 9 blocks and turn left on NE Oregon. The State Office Building is two blocks east on the corner of NE Oregon and NE 7th.

From I-5, north-bound:

Take the Broadway/Coliseum Exit (302A), right onto NE Weidler. Turn right on Martin Luther King Jr. Blvd. Get into the far left lane. Go about 9 blocks and turn left on NE Oregon. The State Office Building is two blocks east on the corner of NE Oregon and NE 7th.

Parking information:

Parking rates (subject to change)

Lloyd Center Tower \$1 hour - \$8 max.
7th & Multnomah

Kaiser Permanente Bldg. \$1.50 first hour
500 NE Multnomah \$1 each additional hour

Port of Portland Bldg. \$1 hour - \$8 max.
9th & Multnomah

7th & Irving.....\$4.50 day (flat rate) takes dollar bills only, debit and credit cards

Oregon Square Parking \$1 hour - \$4 max.



Metered parking:

1. The lot adjacent to the PSOB has a Pay and Display vault machine. It will accept MasterCard/Visa credit cards. It will also accept \$1; \$5; \$10; \$20 dollar bills and dollar coins.
2. Adjacent streets also have Pay and Display vault machines.