

## Sample Training Outline

1. **Introduction.** Introduce self and other presenters as applicable. Class is designed as initial training for new employees and to satisfy annual follow-up annual training.
2. **List objectives of Training.**
  1. Describe the primary diseases that the exposure control plan covers.
  2. Explain modes of transmission of HBV and HIV.
  3. Define the term “Universal Precautions.”
  4. Define the terms “engineering controls” and “work practice controls” and be familiar with those used in the workplace.
  5. List personal protective equipment that may serve as effective barriers to infectious fluids.
  6. Describe labeling, contaminated waste, and laundry procedures.
  7. Understand the general requirements of OAR 437, Div 2/Z, Bloodborne Pathogens.
3. **Program Requirements.** Give an overview of basic exposure control plan elements, and where employees can obtain a copy.
4. **HBV and HIV.** Discuss epidemiology, symptoms, and modes of transmission of HBV and HIV.
5. **Exposure Determination.** Through question/answer discussion, have students determine those tasks that may result in an exposure incident.
6. **Methods of Compliance.** Discuss exposure controls and work practice controls. Have students give examples of each where they work.
7. **Personal Protective Equipment.** Show a video, or present samples of various types of personal protective equipment and how they form effective barriers to infectious fluids. Demonstrate proper wear, handling, decontamination, removal and disposal.
8. **Post Exposure Procedures.** Explain specific emergency procedures if an exposure incident occurs. Include notification, evaluation and follow-up procedures.
9. **HBV Vaccine Information.** Explain how effective and safe HBV vaccinations are, and the benefits of being vaccinated. Emphasize that the vaccinations are free to employees.
10. **Question and Answer Period.** Ensure an expert source is available to answer questions employees may have regarding any part of the exposure control plan or HBV/HIV disease.
11. **Conclusion.** Administer and review post-training test with students. (Tests need not be graded, but should serve as a tool to determine if a review is necessary)

## ***Sample Exposure Control Plan Quiz***

1. What two viruses are specifically mentioned in the bloodborne pathogens standard?
2. Of the two viruses mentioned, which is more infectious?
3. Of the two viruses mentioned, which causes more death as a result of infection?
4. The employer must train and offer the HBV vaccination series within \_\_\_\_\_ working days of a new employee's initial assignment.
5. How long is the HBV vaccine effective in producing antibody?
6. "Engineering controls" refer to the \_\_\_\_\_ of equipment.
7. "Work practice controls" refer to those work practices that \_\_\_\_\_ the potential for \_\_\_\_\_ to bloodborne pathogens.
8. What is the third line of defense (after engineering and work practices controls) against bloodborne pathogens?
9. What is the employer responsible for once an employee gives notification of an exposure incident?
10. Why is it important to get a "baseline" blood test if you have had an exposure incident?